

SPORT & NATURE



DESCRIPTION

E-bike guided tours to foster **physical activity and connection with nature**, always by respecting the local environment.

The routes have been conceived to make people overcome **little or big challenges**, always helped by qualified instructors, who will propose some training on tour.

The itineraries can cover tomached roads, dirty roads or paths in the woods and be of **various difficulty levels** according to the chosen towns and the abilities of the participants.

REQUIRED ABILITIES

Autonomous management of the bike: basic balance, a minimum of resistance on the bike, ability to ride on paths and dirty roads.



KIND OF OFFER

E-bike guided tour to discover the nature of the Aosta Valley

WHEN

From the end of April to the end of October

LENGTH OF THE ACTIVITY

From half a day to the whole day

WHERE

Various towns of the Aosta Valley

OPTIONAL SERVICES

- Contacts and logistic to rent e-bikes
- Booking of tasting experiences and snacks
- Transfers in train or shuttle

INFO AND CONTACTS

BIKE4HERITAGE
Ph. +39 32 08 51 41 20
info@bike4heritage.eu
www.bike4heritage.eu

convention@turismo.vda.it

www.vdaconvention.it