

SNOWSHOEING



DESCRIPTION

The nature guide not only has an in-depth knowledge of the territory, but also acts as mediator and facilitator of the **discovery of natural and historic aspects**, even the most hidden, that these environments present and that are not always easy to understand.

Thus, the walk becomes an **educational experience** even for adults and an opportunity to learn how to **relate correctly with nature**, not only in the parks, but especially in the places of daily life.

In the cold winter days, when the air is sharp and the sky is clear, snow covers everything with a carpet of pearls: with the help of snowshoes, visitors can enjoy **amazing panoramas** and follow the trails of chamois, leopards, squirrels, and foxes.



A guided tour with snowshoes stimulates different feelings: quietness, the sense of being in a **unspoiled natural** environment, apparently sleeping, the rough rocks covered and soaked by a blanket that covers everything and muffles sounds and inspire a deep sense of **peace and tranquility**.

The nature guide who accompanies visitors along the route guarantees safety and provides explanations on the **tracks of the animals**, surprisingly widespread, focuses attention on the plants in the winter habitat, underlines the **particularities of the surrounding mountains**, and tells of the local culture...

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Special attention is paid to the **choice of itinerary**, in terms of safety from avalanche risk and in avoiding sensitive areas from the point of view of wildlife, where any disturbance may be dangerous for wild animals, already weakened by the harsh winter and the scarcity of food.

The registration fee also includes the **provision of snowshoes and walking sticks**. It is a practice suited to everybody from 8 - 10 years old and up.

KIND OF OFFER

Full day (from 9am to 5pm approximately) or half day (from 9am to 1pm or from 1.30pm to 5.30pm) hike

Difficulty level: T (very easy) or E (easy), according to the itinerary

Suitable for everybody



WHERE

The whole region

APPROXIMATE COST

20 € per person

WHEN

From December to April
(according to the snow conditions)

INFO AND CONTACTS

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