

ONE STEP AFTER ANOTHER, I SEEK AUTHENTICITY



DESCRIPTION

The nature guide has the function not only of having deep knowledge of the territory, but especially acts as mediator and facilitator in the discovery of **natural and historic aspects**, even the most hidden, that these environments present, not always easy to understand. Thus, a walk becomes an **informational and reflexive experience**, an opportunity to have a **relationship with nature**, not only in the parks, but especially in the places of daily life.

Trekking means walking from one place to another seeking the profound **authenticity of the natural environment**, measuring with the fragility and the need for truth that we have within our souls. Everything is no longer simple or casual; it requires willingness by those who undertake the route and especially those who guide our steps.



KIND OF OFFER

Full day (from 9am to 5pm approximately)
or half day (from 9am to 1pm or from
1.30pm to 5.30pm) hike

Difficulty level: according to the itinerary

Suitable for everybody

WHERE

The whole region

WHEN

From May to November

APPROXIMATE COST

20 € per person

INFO AND CONTACTS

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