

# MOUNTAIN PHYTOCOSMETICS



## DESCRIPTION

Activity whose aim is to make people discover the **official plants** of the garden that lies in the **historical centre of Aosta**, in a wonderful setting surrounded by Roman walls and high peaks.

While in the laboratory the participants will discover **how the cosmetics are created** by using the **active substances of local plants**.

The activity is organised also to make people aware of the **properties of officinal plants**: the participants will recognize them thanks to the colours and the scents, but also by using the **five senses**.

### REQUIRED ABILITIES

None

### LENGTH OF THE ACTIVITY

From 45 minutes to 1h30



## KIND OF OFFER

10-12 people in the laboratory 50 people maximum in the garden

## WHERE

Via Monseigneur de Sales, 4 11100 Aosta

## INFO AND CONTACTS

Francesca Frison  
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## WHEN

All year long. In winter the garden might be partly accessible in case of snow

## APPROXIMATE COST

Starting from 5 € per person

## HOW TO GET THERE

Both the laboratory and the garden lie in the centre of Aosta. Take the tollbooth Aosta Ovest and continue towards the centre of Aosta and the parking close to piazza E. Chanoux. From there the laboratory is 2 minutes on foot, close to the Santa Maria Assunta Cathedral.