

DESCRIPTION

The adventure parks of the Aosta Valley offer a series of activities to enjoy alone or in a group, which suit a team building program.

Through games and adventure, it is possible to reveal and to understand a great deal about people's character, observing reactions to the unexpected, innovation, difficulty, hard work, challenges, and behaviour toward one's own team and competitors, the attitude to leadership and team games.

There are 10 adventure parks in the Aosta Valley, scattered throughout the territory.

REQUIRED ABILITIES

The offerings are diverse: some parks propose activities adapted to all and others are more difficult, demanding a minimum of training and resistance.

LENGTH OF THE ACTIVITY

From a minimum of 2 hours to half a day depending on the chosen activities.

KIND OF OFFER

Leisure sports: Tibetan walks, bridges, log footbridges, cableways, woven bridges, tirolese, dry canyoning, games suspended of the trees...

The parks supply guides and the necessary equipment. Chance of organising lunches and dinners in some parks.

HOW TO GET THERE

By car or by bus

WHERE

Antey-Saint-André, Bionaz, Breuil-Cervinia, Champoluc, Fontainemore, Pila, Saint-Didier, Valsavarenche, Villeneuve

WHEN

Some parks are open all year long, some other only in some periods of the year

APPROXIMATE COST

Starting from 5 € per person. For groups, personalised routes and fares

INFO AND CONTACTS

https://www.lovevda.it/en/s port/adventure-parks

